

FMBC BIBLE STUDY

Sept. 10, 2025

6:30 pm

The Marks of Maturing Christians

Ephesians 4:21-32

A. Identify What Needs To Be Put Off

.....the old man

B. What Needs To Be Put On

.....the new man

C. What Needs To Be Put Away

Lying

Sinful anger

Stealing

Corrupt communication

Bitterness

Wrath

Anger

Clamor

Evil speaking

Malice

D. What Needs To Be Put In Practice

1. Truth - John 14:6; Matt. 12:34-37; Proverbs 6:16-19; Rev. 21:8

2. Temper - James 1:19

3. Tempter - 2 Cor. 2:11; Eph. 6:10-13

4. Thievery - Exodus 20:15; Mal. 3:8

5. Toil - Exodus 20:9; 2 Thess. 3:10,11.

6. Tongue - James 3:8-12; Prov. 18:21; 21:23; Col. 4:6; Luke 4:22

7. Temple - 1 Cor. 6:19; Gen. 39:9; Ps. 51:4

8. Treatment - v. 31

- (•) Bitterness - sour, resentment, and spite

Comes from a heart that is not right with God- Acts 8:21-23

Poisons relationships- Hebrews 12:15

- (•) Wrath - fly off the handle, wild rage- James 1:20

- (•) Anger - internalized anger

Anger that you keep on the inside

Suppressed

Kept from public knowledge.

- (•) Clamor - loud talking.

- (•) Evil Speaking - slander

Prov. 26:22; 1 Tim. 6:4; Mark 15:29

- (•) Malice - a vicious disposition.

9. Tender hearted - v. 32.

Polite

Pity

Pardon

Pattern